

GYM A SCHEDULE

JUNE 2024 – AUG 2024

SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		OPEN GYM 5:30a-8:50a			OPEN GYM 7:00a-9:00a	
		OPEN GYM 9:00a-3:00p			OPEN GYM 9:00a-12:00p	OPEN GYM 7:00a-5:45p
		OPEN GYM 3:00p-7:30p			OPEN GYM 12:00p-6:45p	
		OPEN GYM Adult 18+ 7:30p-9:45p				

GYM B SCHEDULE

JUNE 2024 – AUG 2024

SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		OPEN GYM 5:30a-8:50a			OPEN GYM 7:00a-9:00a	
		OPEN GYM 9:00a-3:00p			OPEN GYM 9:00a-12:00p	OPEN GYM 7:00a-5:45p
		OPEN GYM 3:00p-7:30p			OPEN GYM 12:00p-6:45p	
		OPEN GYM Adult 18+ 7:30p-9:45p				

GYM C SCHEDULE

JUNE 2024 – AUG 2024

SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30a-8:50a	OPEN GYM 5:30a-8:50a	OPEN GYM 5:30a-8:50a	OPEN GYM 5:30a-8:50a	OPEN GYM 5:30a-8:50a	OPEN GYM 7:00a-9:00a	
Hawk Programs 9:00a-3:00p					Hawk Programs 9:00a-1:00p	
					Family Time 1:00p-4:00p	
Family Time 3:00p-7:30p						
OPEN GYM 7:30p-9:45p Adult 18+					OPEN GYM 4:00p-6:45p	OPEN GYM 4:00p-5:45p