



GYMNASIUM
FPS SPRING BREAK SCHEDULE 2025
MARCH 24 - MARCH 30- SUBJECT TO CHANGE

Monday 3/24	Tuesday 3/25	Wednesday 3/26	Thursday 3/27	Friday 3/28	Saturday 3/29	Sunday 3/30
OPEN GYM ABC 5:30A-9:00A					OPEN GYM ABC 7:00A-9:00A	OPEN GYM ABC 8:00A-9:00A
GYM C SPRING BREAK CAMPS 9:00A-3:00P	GYM C SPRING BREAK CAMPS 9:00A-3:00P	GYM C SPRING BREAK CAMPS 9:00A-3:00P	GYM C SPRING BREAK CAMPS 9:00A-3:00P	GYM C SPRING BREAK CAMPS 9:00A-3:00P	GYM A RECREATION PROGRAMMING 9:00A-12:00P	
GYM B FAMILY TIME 9:00A-1:00P	GYM B FAMILY TIME 9:00A-1:00P	GYM B FAMILY TIME 9:00A-1:00P	GYM B FAMILY TIME 9:00A-1:00P	GYM B FAMILY TIME 9:00A-1:00P	GYM B RECREATION PROGRAMMING 9:00A-12:00P	
GYM A OPEN GYM 9:00A-1:00P	GYM A OPEN GYM 9:00A-1:00P	GYM A OPEN GYM 9:00A-1:00P	GYM A OPEN GYM 9:00A-1:00P	GYM A OPEN GYM 9:00A-1:00P	GYM C OPEN GYM 9:00A-12:00P	
GYM C OPEN GYM 3:00-9:00P	GYM C OPEN GYM 3:00-9:00P	GYM C OPEN GYM 3:00-9:00P	GYM C OPEN GYM 3:00-9:00P	GYM C RECREATION PROGRAMMING 3:00-9:00P	GYM C OPEN GYM 12:00P-7:00P	GYM C OPEN GYM 12:00-6:00P
GYM B OPEN GYM 1:00P-9:00P	GYM B OPEN GYM 1:00P-9:00P	GYM B OPEN GYM 1:00P-9:00P	GYM B OPEN GYM 1:00P-9:00P	GYM B OPEN GYM 1:00P-9:00P	GYM B OPEN GYM 12:00P-7:00P	GYM B OPEN GYM 12:00P-6:00P
GYM A OPEN GYM 1:00P-9:00P	GYM A OPEN GYM 1:00P-9:00P	GYM A OPEN GYM 1:00P-9:00P	GYM A OPEN GYM 1:00P-9:00P	GYM A OPEN GYM 1:00P-9:00P	GYM A OPEN GYM 12:00P-7:00P	GYM A OPEN GYM 12:00P-6:00P



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Gym Info/Descriptions:

- ❖ Facility Holiday hours are limited. Please call ahead for open gym times (248) 699-6700.
- ❖ HAWK staff reserves the right to make changes to the schedules as needed.
- ❖ Facility, Gym, and open play rules must always be adhered to.

Hawk Gymnasium Rules

- To ensure safety for all ages, pass required to access the Gymnasium. Age requirements below:
 - Ages 12 and older have access to the Gymnasium
 - Ages 11 and younger are permitted in the Gymnasium, when accompanied by an adult (18 or older), or in a scheduled program.
- To ensure a safe and enjoyable Gymnasium experience for all:
 - Be respectful to The Hawk staff and follow staff instructions.
 - Please adhere to scheduled events and activities on the calendar.
 - No gym, food, or drinks permitted in the gym except water in a closed container. Food and other beverages may be consumed in designated areas only.
 - Proper athletic attire, including shirts, shorts and non-marking gym shoes must always be worn. No bare feet, flip flops, sandals, dress shoes, wheels, or skates etc.
 - Absolutely no organized coaching, practices or instruction permitted on The Hawk property unless authorized by facility management.
 - No dunking, hanging on the rims or net.
 - All equipment is to be used in the proper way; no kicking or sitting on volleyballs, or basketballs. Please return equipment to the proper location following use.
 - No Bluetooth speakers allowed. Use of headphones at an appropriate level for music/podcasts/streaming services allowed. Please keep streaming family friendly.
 - The City of Farmington Hills is not responsible for lost or stolen items.
 - Gym bags, coats, clothing, and other articles should be kept in the locker room using daily use lockers.
 - Foul language, "trash talking," taunting and verbal intimidation is not tolerated.
 - Fighting is strictly prohibited. Anyone fighting may be suspended from The Hawk. No refunds will be issued.
 - Good sportsmanship is always expected. The Hawk reserves the right to suspend anyone for not following the rules.
 - Have fun!